



# Royal Oaks vandalized



Courtesy photo

A golf cart sits along DD Highway north of Royal Oaks Golf Course. The course was vandalized last week.

**By Senior Airman Joe Lacdan**  
Public Affairs

Johnson County police and the 509th Security Forces Squadron are investigating a reported vandalism incident at Royal Oaks Golf Course July 7.

Between 9 p.m. July 6 and 6 a.m. July 7, and undisclosed number of individuals broke into the course's temporary clubhouse trailer, hijacked golf rental carts and damaged parts of the course.

Interim golf course manager Zack Adamson called it the worst incident of vandalism during his six years working at the course. Mr. Adamson said he is still assessing the cost of the damage.

"It's pretty hard on my staff because we work really hard to get the course in the best condition possible for golfers," Mr. Adamson said.

To gain access to the golf carts, someone apparently cracked a lock to get inside the trailer and stole keys to golf rental carts. Then the perpetrators apparently took the golf carts for

joy rides through the 300 acre complex.

Two of the carts' dashboards were torn open. Several putting greens were ripped with tire tread marks and staff members found 28 of the course's 70 rental golf carts were scattered throughout the complex. Beer cans and garbage littered the course grounds. One of the carts was found lying against some brush and another was found sitting in a ditch on the south side of DD Highway.

A non-commissioned officer from the 509th SFS Investigations office declined to comment pending further investigation. Lt. Col. Chuck Douglass, 509th SFS commander, released the following statement:

"Security Forces takes this matter very seriously," Colonel Douglass said. "Vandalism against any Air Force property is unacceptable. Rest assured, we are working with Johnson County to resolve this quickly."

Intramural rounds were cancelled July 7, but the course re-opened July 8. Mr. Adamson said he and his staff spent 5-6 hours resodding

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## Follow my lead



Photo by Tech. Sgt. Cecilio Ricardo

**ANDERSEN AIR FORCE BASE, Guam** — A B-2 Spirit deployed with the 393rd Expeditionary Bomb Squadron and two 391st Expeditionary Force Squadron F-15E Strike Eagles fly in formation across the Pacific Ocean.

The deployed fighters and bomber represent United States' projection of global strike capability enhancing regional security and resolve for U.S. allies in the Pacific theater.



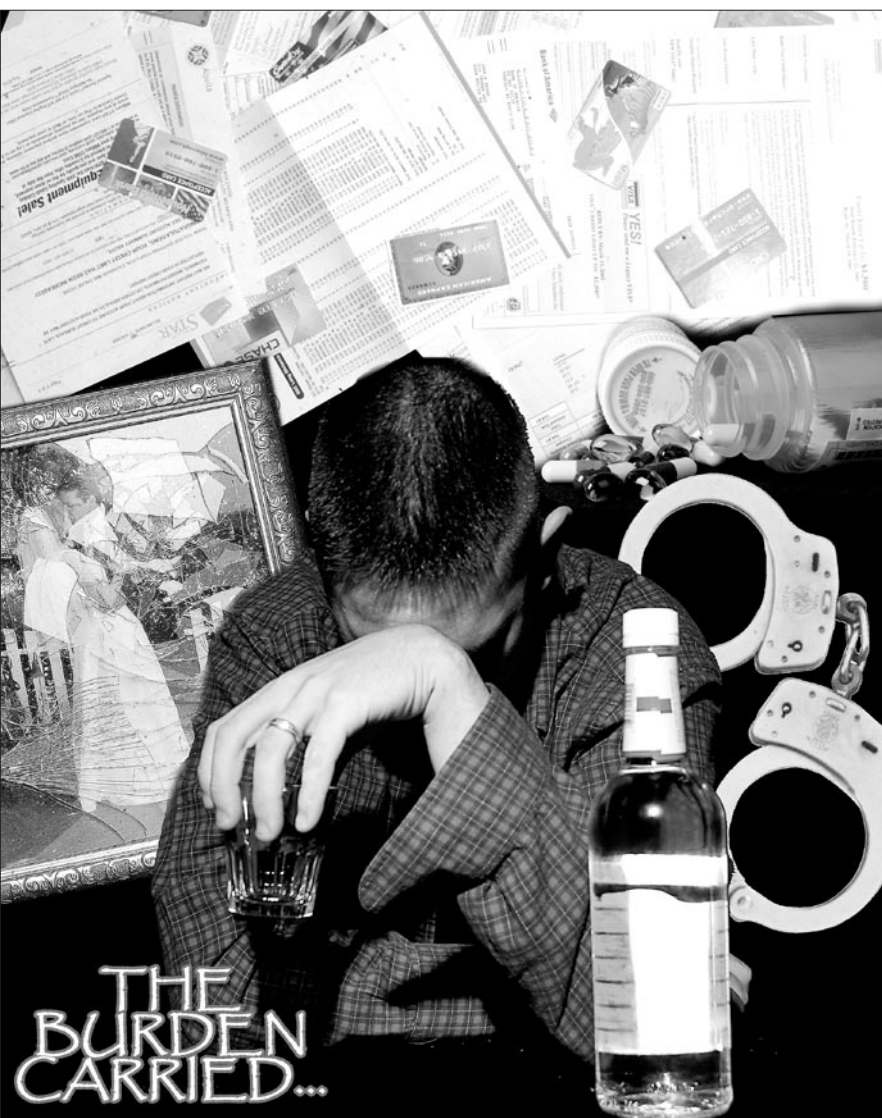


Photo illustration by Tech. Sgt. Mat Nisotis and Airman 1st Class Ryan Wilson

## Suicide: No easy answer

By Master Sgt. Dee Ann Poole  
Public Affairs

When I was a sophomore in high school, my older brother, Rick, moved in with my dad, my younger sister and me. Rick was 29, a father of two, unemployed, having marital problems and having a hard time dealing with the loss of our mom a year earlier.

Rick and I didn't talk about personal feelings, though. Maybe it was because I was only 16. I assumed my dad talked to him, but I'll never know. Rick is no longer alive and my dad, who died in December 2001, never talked about that April day that ended so tragically.

In 1980, suicide was a whispered word. People didn't talk openly about it. Maybe it's because they didn't know how to recognize the signs and offer help. Maybe it was thought of as a cop out.

It's not until after the event that people find themselves saying, "If only...."

But why must we say that? There's no easy answer because we won't be able to stop all suicide attempts. But we can do our best to help someone who may feel suicide is the only answer to life's problems.

The Air Force began its battle against suicide in 1996 when it created the Air Force Suicide Prevention Program. It was designed to educate people on the symptoms of suicide and curb what appeared to be an increasing number of suicides among active-duty members.

In the five years before the program started, the Air Force averaged 60 deaths annually. Since 1996 there's been a noticeable reduction in the number of suicides. Between 1998 and 2000, the service averaged 28 suicides annually. From 2001 to 2004, though,

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## Meaningful words

By Lt. Col. Jeffery Johnson

509th Medical Operations Squadron Commander

Here we are, just past the Fourth of July, the fireworks have been spent, the parades done, and the march of Summer hastens on as we round the corner towards fall.

In the past few weeks, and the next two weeks to come, we have several group and squadron changes of command. One of the items on the ceremony checklist is the presentation of the colors, and usually the singing of our National Anthem, the Star-Spangled Banner.

No matter how many times I hear the national anthem, nor really in what style the Anthem may be sung, I simply never tire of hearing the song. So, since we're still near the Fourth of July, and I just heard the Star Spangled Banner today, my mind got to thinking, what's the story behind it, really, and why does the song move me so. Forgive me, folks, for pondering in public, but maybe we'll both learn something new together.

Well I did a Web search on "Star Spangled Banner" and discovered 725,000 hits on these three words. That's pretty impressive. I then tried searching, "History of the National Anthem," and discovered an additional 251,000 Web site discussing it. Let me give you a simple thumbnail on the Anthem's history. There's two parts, there's the song and the actual flag.

**The Song:** On Sept. 13, 1814, a Washington Lawyer, Francis Scott Key, was on a mission to gain the release of a medical doctor, Dr. William Beanes, who had been abducted by the British Forces who had sacked and burned Washington, D.C. during their attack.

The British Navy had sailed to Baltimore, where on the evening of Sept. 13, the British Gunships began to bombard Ft. McHenry which sits at the mouth of the Chesapeake Bay.

Key was successful in his bartering for Dr. Beanes' release. However the British did not want them to leave during the battle, thus putting them on a neutral sloop eight miles up-river away from the fighting. The bombardment of Ft. McHenry went on through the night, with returning fire from the U.S. defenders, answering with defiance the heavy British attack.

The next morning, Sept. 14, 1814, the British ships slacked their reign of lead upon the embattled fort. Francis Scott Key asked

Dr. Beanes if indeed perhaps the Americans had surrendered. He posed the question ... "Oh say, can you see?"

Soon his inquiry was answered. Both he and the good doctor raised a spy-glass to their eyes to see the Stars and Stripes stirred by the breeze, proudly proclaiming Ft. McHenry had held.

Let's pause for a moment to consider the second part of this story, — the Flag. The U.S. Flag that flew over Ft.

McHenry was actually commissioned a year before by Ft. McHenry's commander, Maj. George Armistead.

Major Armistead, upon taking command of Ft. McHenry in 1813, decided he wanted a U.S. Flag 'so big,' "that the British would have no difficulty seeing it from a distance ..." When the Flag was finished, it measured 42 by 30 inches.

The Flag was hand-sown by Mary Young Pickersgill, a Baltimore widow who had experience making ship flags. With the help of her 13-year-old daughter, Caroline, Mrs. Pickersgill spent several weeks measuring, cutting, and sewing the 15 stars and stripes.

When the time came to sew the elements of the flag together, they realized that their house was not large enough. Mrs. Pickersgill thus asked the owner of nearby Claggett's brewery for permission to assemble the flag on the building's floor during evening hours. He agreed, and the women worked by candlelight to finish it. Once completed, the flag was delivered to the committee, and Mrs. Pickersgill was paid \$405 and 90 cents.

In August 1813, it was presented to Major Armistead. However, as things worked out, more than a year would pass before hostile forces threatened Baltimore.

So what does this mean to us today? Well, let's go back to Francis Scott Keys' original words:

♦ Oh say can you see ...

He poses a question, then to Dr. Beanes, but today to us, to stop and pause, to reflect, to

review, to ponder upon the second primary component of the event, the Flag.

♦ ... by the dawn's early light ... Dawn the time of eternal hope. The coming of the sun brings renewed strength that a new day promises new beginnings. Even though hope is not a plan, hope is a needed component to bring a plan to fruition. It's with hope that

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**"It is with hope that we still today have the courage to stand up as one nation, even when the odds may be against us."**

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**The deadline for article submissions to the *Whiteman Spirit* is noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a space-available basis. Submission doesn't guarantee publication.**

For more information, call the *Whiteman Spirit* office at 687-6133, e-mail: whiteman.spirit@whiteman.af.mil, fax us at 687-7948, or write to us at:

509th BW/PA, 509 Spirit Blvd. Ste. 111  
Whiteman AFB, Mo. 65305



## News in Brief

### AFA, MOAA meeting set

The Air Force Association and Military Officers Association dinner begins at 6 p.m. Tuesday at Mission's End. The speaker is Lt. Col. Steve Basham, 393rd Bomb Squadron commander. Dinner will be off the club menu. The meeting is open to the public. For more details, call Fred Niblock at 429-1775.

### Demolition underway

The demolition of base housing on Forbes Street is currently underway to support the ongoing education center and future child development center projects.

Large construction equipment will be operating on the site requiring the street to be closed off for about 30 days. The road will be closed from Houx Drive to 132 Forbes for all traffic except contractor vehicles and equipment. The street from Gray Lane to Spirit Boulevard will remain open for traffic. This action is required to ensure a safe working environment for Whiteman and construction workers. For more details, call Mike Roberts at 687-4229.

### Office closes indefinitely

The Whiteman history offices closed indefinitely today. It will remain closed until further notice. For general wing and base history information, visit the secure Web site at <https://www.mil.whiteman.af.mil/HO/main.htm>.

### Student enrollment set

New student enrollment at Knob Noster Elementary and Whiteman Elementary will run Aug. 1 through Aug. 5 from 8 a.m.-3 p.m. Kindergarten Screening at Knob Noster Elementary will be on Aug 1 from 8 a.m.-noon, call 563-3019 for an appointment.

Kindergarten Screening at Whiteman Elementary will be on Aug. 4 from 8 a.m.-noon, call 563-3028 for an appointment.

Both elementary schools will hold their Open House on Aug. 18.

Whiteman Elementary will be open from 6-7 p.m. and Knob Noster Elementary will be open from 6:30-7:30 p.m. The first day of school for all district students is Aug. 22.

### Quarterly awards scheduled

The 509th Bomb Wing Quarterly Awards Breakfast begins at 8 a.m. July 28 at Mission's End. The menu is scrambled eggs, sausage, hash browns, biscuits, coffee, water and juice. The cost is \$7.80 for members and \$9.80 for nonmembers. Sign up by July 22. For more details or to sign up, see your unit first sergeant.

### FCS announces closure

The family support center will be closed noon-4:15 p.m. July 22 for a retirement. During this time, emergency Air Force Aid service will still be available. For more details, call the FSC at 687-7132.

### Construction at Gate set

Construction on a new Spirit Gate guardhouse begins Monday. Drivers are encouraged to use the Arnold and Lemay gates. Beginning Monday, the new LeMay gate operating hours are 5 a.m.-7 p.m. Construction on the new gatehouse is expected to last 12 weeks.

The Spirit Gate entrance will stay open during construction. However, traffic may at times be limited to one lane inbound and one lane outbound which can cause delays. For more details, call Jerry Forste at 687-6293.

## Whiteman's first stoplight



Photo by Airman 1st Class Lauren Padden

**All Pro Electric employees, Dan Grose and Shannon Blankenship, install a traffic light at the corner of Spirit and Vandenberg. The intersection at Spirit and Vandenberg will be closed from midnight to 6 a.m. Monday-July 22 for traffic light installation. All Pro Electric will be installing cross over arms to the new traffic signal lights.**

## Seatbelts: A few seconds can save drivers' lives

By Senior Airman Amy Robinson  
ACC Public Affairs

**LANGLEY AIR FORCE BASE, Va.** 1.5 seconds - that's all it takes.

Granted, for those who take their time, it may take about four seconds, but it's still roughly about the same amount of time it takes to turn the key and start the car.

People who take the extra couple of seconds to secure their seat belts can reduce their risk of injury or death, not only for themselves, but for others too.

So if it takes less than five seconds and it can save lives, why aren't people, more specifically, why aren't Airmen buckling up?

"It gets a little frustrating," said Chief Master Sgt. Kevin Ennis, Air Combat Command Safety Directorate's ground safety chief. "It's difficult for me to believe that people don't know the benefits of buckling up."

During 2004 in ACC, there were 14 vehicle-related fatalities, and in half of those fatalities, people weren't wearing seat belts. In 2005, there have been nine four-wheeled vehicle fatalities and one permanent disability. In seven of those cases, seat belts weren't worn.

Chief Ennis said maybe some Airmen don't buckle up because they think it won't happen to them. In an effort to help dispel that belief, he pointed out Memorial Day weekend two ACC Airmen died in a single day.

The first accident occurred at about 3 a.m. and involved four Airmen from Shaw Air

### BUCKLING DOWN ON BELTS

A random survey taken by the 509th Bomb Wing Safety Office and the 509th Security Forces Squadron.

- ☐ vehicles surveyed: 245
- ☐ not in compliance: 5
- ☐ 98 percent compliance rate

Force Base, S.C. Three of the four Airmen — everyone but the driver — walked away from the accident. The driver was the only one not wearing his seat belt.

Two hours later, two Airmen at Seymour Johnson Air Force Base, N.C., were in a car accident. Again, the driver wasn't wearing his seat belt, and died as a result of the accident-the passenger was wearing a seat belt and suffered only minor injuries.

While none of the passengers in these accidents died, the chief stressed that passengers are also at risk of injury or death if they choose not to wear their seat belts.

Chief Ennis pointed to a case earlier this year where an Airman from Mountain Home AFB, Idaho, was riding in the back seat of a vehicle and suffered critical injuries in an accident.

Because he wasn't wearing his seat belt, the force of the accident threw him from the vehicle. The accident left him in a coma and ultimately resulted in his medical discharge from the Air Force.

"If you're not restrained in a vehicle, regardless of whether you're in the front or the back, you become a projectile," Chief Ennis said. "Even if you weren't ejected from the vehicle, can you

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## New commander takes reins of MXG

By Senior Airman Joe Lacdan  
Public Affairs

Col. Robert Dulong took command of the 509th Maintenance Group in a ceremony Monday.

Colonel Dulong arrives at Whiteman after spending a year as a student at the Air War College in Maxwell Air Force Base, Ala. He takes over for retired Col. Chris Matson.

"I am incredibly honored by the privilege of commanding the prestigious 509th MXG," Colonel Dulong said to wing members.

Colonel Dulong said he looks forward to working with members of the civilian community that support Whiteman and its operations.

He also looks forward to coordinating with the 509th operations, medical and mission support groups.

"I understand the advanced technology in the B-2 Spirit Bomber present you with formidable challenges," Colonel Dulong said to wing members. "I promise you my full support each and every day as we seek solutions to the challenges."



Photo by Airman 1st Class Ryan Wilson

**From right: Col. Robert Dulong, 509th Maintenance Group commander, accepts the guidon from Col. Chris Miller, 509th Bomb Wing commander Monday.**

Colonel Dulong also praised his new troops.

"You are the best in the business," Colonel Dulong said. "I'll do my part to keep you there."

Colonel Dulong's career spans more than three decades. In 1969, he enlisted

in the Air Force and reached the rank of senior master sergeant before commissioning in 1982.

Colonel Dulong, a certified joint service officer, earned his bachelor's degree from Southern Illinois University in 1981.



# ACC officials restore command flying hours

By Senior Airman Amy Robinson

Air Combat Command Public Affairs

**LANGLEY AIR FORCE BASE, Va. (AFPN)** — Air Combat Command officials restored an estimated \$201 million to its flying hour program July 1 after receiving additional funds from Air Force headquarters.

Air Force officials approved the restoration which will help alleviate the loss of readiness resulting from the \$272 million, 31,349-hour cut announced earlier this year, said Maj. Dean Gould, ACC flying hour program chief.

Air Force officials had approved the earlier cuts to meet budget shortfalls and help cover expenses incurred from the

war on terrorism. Those cuts represented about 60 percent of the remaining planned flight hours for the year.

With the new funding, units are restoring their flying hours for July, August and September. The command is now targeting a stop-fly date of Sept. 26 for the fiscal year, officials said.

“Restoring ACC’s flying hours for the next three months is a key readiness issue as we continue to provide forces for the war on terrorism,” said Maj. Gen. Kenneth M. “Mike” DeCuir, ACC’s air and space operations director. “With this additional funding, we are able to ensure we maintain combat readiness for all operations at home and abroad.”

The reprogramming of funds back into the flying hour program brings the actual cuts for this fiscal year down to \$100 million and equates to about 11,000 hours, Major Gould said. Those numbers are based on hours not flown May 15 to July 1.

Even though ACC recovered about 20,300 hours, the major said the refund is limited. If the cost per flying hour goes up, the result would be a decrease in the number of hours available for the remainder of this year. As such, command officials are continuing their efforts to maximize every available hour.

“Flexibility and patience will ensure we reach our training and budget goals,” the major said.

# Same Team, Different Jobs

## AMMO and Weapons troops take pride in unique careers

By Master Sgt. Rich Romero

40th Air Expeditionary Group Public Affairs

**SOUTHWEST ASIA** — While most, if not all, members of the 40th Air Expeditionary Group take pride in their jobs, two seemingly similar specialties take it to a level where a friendly rivalry exists between the two.

Make no mistake there’s a huge difference between munitions, better known as AMMO, and weapons. It’s a mistake either will quickly fix and most people only make once.

Essentially, AMMO troops (as they like to be called) build the bombs that Air Force aircraft drop and weapons loads them onto the aircraft.

“The rivalry thing is all in fun,” said Senior Airman Patrick Dillon, a conventional weapons crew chief with the 40th Expeditionary Maintenance Squadron. “We’re all on the same team; we just pick on each other because we both have an involvement with munitions. Each feels their job is the more important part of working with munitions.”

AMMO’s involvement includes inspecting for reliability, assembling, testing fin kits, and disassembling, storing and delivering munitions to and from the flightline.

“I like seeing the fruit of my labor,” said Airman 1st Class Jessica Snapp, deployed from Whiteman. “The bombs we are building and have built here are actually being used to support Operation Enduring Freedom. I get to see my work from cradle to grave.”

The six miles from the bomb dump to the flightline is a long-haul at 25 mph in a bobtail.

“In a nutshell, we do everything that needs to be done on munitions until they get to the flightline,” said the Airman Dillon deployed to this forward operating location from Minot Air Force Base, N.D.

The munitions here total about 3.9 million pounds of net explosive weight and include 2,000-pound JDAMs versions one and three, general purpose bombs and countermeasure flares, which are used primarily for shows of force to let an enemy know there’s a bomber hanging around in the air. The roughly 100-pound fin kits are what give the joint direct attack munition its ‘IQ.’ Otherwise, it’s just another free-falling “dumb” bomb without the inertial navigation and global positioning system included in the kits.

“Version three, that’s the penetrator,” said Airman 1st Class Scott Lauritzen, a conventional munitions crew member also with the 40th EMXS. “We use a preset delay on the fuse which allows it to penetrate the ground or a structure before blowing up. Version one is instantaneous



Photo by Staff Sgt. Jocelyn Rich

**SOUTHWEST ASIA — Airman 1st Class Jessica Snapp, 40th Expeditionary Maintenance Squadron, installs a fuse in a joint direct attack munition at a forward operating location June 24. She’s deployed from the 509th Munitions Squadron.**

(explosion).”

JDAMs give bombers a short standoff launch range. Crews can launch bombs from their aircraft’s wing pylons at 40,000 feet, up to 15 miles from a target and still have near-precision accuracy. A plus when the bad guys shoot back.

Airman Snapp said the speed tasks are carried out here is much different from her job in Missouri.

“The types of weapons I work on at Whiteman are completely different than the munitions we are building here,” said the Grass Valley, Calif., native. “The job here is a lot faster paced. When we build bombs, they need to be on the flightline ASAP.”

The munitions were born from a Desert Storm shortfall. During the war, the Air Force found it needed a bomb to drop in any weather with near-precision; one that could hit within 30 feet of a target. Almost like laser-guided

bombs, minus the high price tag.

The shop until recently also maintained a stockpile of more than 5,000 M-117 750-pound general-purpose bombs. Now, they’re banded to pallets waiting to be transported to the United States in October for removal from the Air Force inventory.

“The night shift did all of that and finished in mid-June, about 80 days ahead of schedule,” said Airman Lauritzen, also from Minot Air Force Base.

“With a shipment this size, every day ahead is crucial to the whole operation,” said Master Sgt. Dwight Hardy, AMMO production superintendent. “It took a lot of hard work to prepare this shipment.”

Most of what AMMO does here, though, is much the same as back at home station.

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**“The bombs we are building and have built here are actually being used to support Operation Iraqi Freedom.”**

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— Airman 1st Class Jessica Snapp, 40th Expeditionary Maintenance Squadron

One big difference is at home they mostly handle inert munitions whereas here everything is live.

“It’s still the same, but they’re just not getting dropped in a field (training range),” said Airman Dillon, a Chicago native.

The versions of JDAMs used here are also different than most of the training munitions used at home station, according to Sergeant Hardy.

“It’s been a great learning experience for the younger troops,” said the 18-year senior NCO from Minot AFB.

Airman Lauritzen, who just hit the one-year mark in service two months ago and is on his first deployment, feels there’s one other major difference.

“It’s a good feeling having confidence the bombs you build do what they need to do ... on target on, on time,” he said. “We spend a lot of time building these up. It feels good knowing that they help our guys on the ground.”

It’s a safe bet coalition forces on the ground greatly appreciate the pride both AMMO and weapons put into their jobs, rivalry or not.

Bad weather?  
Base crisis?  
Squash the  
**RUMORS.**

Call the

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NEWS**

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## Farewell Sailor



Photo by Staff Sgt. Tia Schroeder

Navy Rear Adm. J. Stanton Thompson listens to music played by the Navy Band of the Mid-South at the T-9 hangar. Admiral Stanton, the former special assistant for reserve matters to the commander, North American Aerospace Defense Command and United States Northern Command, Peterson Air Force Base, Colorado Springs, Co., retired Saturday. The event was coordinated by the 509th Bomb Wing protocol office and also was attended by U.S. Representative Ike Skelton of Missouri's 4th District, and Col. Chris Miller, 509th BW commander. The wing also supported the event with a B-2, A-10, T-38 and Apache helicopter static display. Admiral Stanton retired from the Navy after more than 30 years of service.

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tisements**





# 509th Medical Group opens doors to medical community



**Story and photos by  
Airman 1st Class Jason Burton**  
Public Affairs

**M**embers of the 509th Medical Group held an open house July 8.

"Our overall goal of this open house is to thank the providers for caring for our military," said Lt. Col. Jeffery Johnson, 509th Medical Operations Squadron commander.

"We also want to explain the wing's mission and the medical group's capabilities," he added.

The open house consisted of a tour of several airframes, a briefing in the base theater and a tour of the clinic.

The medical group invited doctors that accept TRICARE and doctors who don't.

Dennis Leahy, area director for TRI-CARE, said it is a good idea to invite doctors that currently don't accept TRICARE.

"We are always trying to build a network of providers," he said. "It is important for these docotors to see what this base does."

Many of the visitor agreed.

"It is a great idea to have civilian doctors see the B-2 up close," said Chad Carlton, senior executive therapeutic specialist for GlaxoSmithKline.

"We learned alot about how important it is for us (civilian doctors) to help the military," said Dr. Brad Vaughan, pediatric critical care doctor at Childrens Mercy Hospital in Kansas City, Mo.

The open house started in the Royal Oaks Parking lot where visitors signed in, boarded a bus and went to the flight line.

The visitors where able to see a B-2, an A-10 Thunderbolt and an Apache AH-64.

From there they went to the base theatre for a briefing by Col. Chris Miller, 509th Bomb Wing commander, and Col. (Dr.) Rick Bachmann, 509th MedGp commander.

During Colonel Millers briefing he explained the mission of the base and how important it is for the civilian medical community to help.

"What you do to take care of the Airmen who do this mission is very valuable," he said.

Colonel Bachmann's briefing explained the capabilities of the clinic.

"Because of the size of the base, there are alot of things we have to send people off base for," Colonel Bachmann said.

The briefings really put the capabilities of the medical clinic into perspective, said Dr. Vaughan.

"I was not aware Whiteman did not have a full hospital," he said.

Visitors where then boarded a bus to the clinic where they were provided refreshments and able to talk directly to medical group professionals.

The open house was achieved through a team effort, said Colonel Johnson.

"The 509th MedGp would like to thank all Whiteman organizations for their support in making this a successful event."



**Tech. Sgt. Mark Miller, 509th Medical Operations Squadron, talks to several visitors during the clinic open house.**



**First Lt. Chad Carlton, 303rd Fighter Squadron, talks to Mitch Hoffman about A-10 characteristics. There were static displays of an A-10 Thunderbolt, Apache AH-64 and a B-2. Mr. Hoffman is a senior executive therapeutic specialist for GlaxoSmithKline.**



**Staff Sgt. Dana Gale, 509th Medical Operations Squadron, talks to Brad and Susan Vaughan. More than 80 civilians from the medical community attended the tour. Dr. Vaughan is a pediatric critical care doctor at Childrens Mercy Hospital in Kansas City, Mo.**



**Lt. Col. Jeffery Johnson, 509th Medical Operations Squadron commander, explains several B-2 facts to Marsha Turner, Lori Symonsbergen and Kathy Lucero during the 509th Medical Group open house July 8. Mrs. Turner, Mrs. Symonsbergen and Mrs. Lucero are Tri-Care consultants.**

## Whiteman Spirit Award



**Jeanette Bachmann**

Whiteman volunteer

Jeanette Bachmann received the Whiteman Spirit Award from Col. Chris Miller, 509th Bomb Wing commander, Saturday.

Denis Hummel nominated Mrs. Bachmann for the award.

Mr. Hummel and the members of the Caring Adults-Special Kids family support group suggested Mrs. Bachmann receive the Whiteman Spirit award for developing and implementing the CASK.

Her efforts gained support for the new organization from the Family Support Center and the Knob Noster School District to distribute information about the CASK. She also coordinated more than 15 meetings and family gatherings for the support group members.

“We, as a support group feel, confident the groundwork has been set and the monthly meetings of CASK will be continued,” Mr. Hummel said. “We extend our thankful hearts to Jeanette for all of her hard work

creating this wonderful group we have home to know and love — CASK. She taught us to always put the needs of these special children first and to be their voice and advocate when it comes to making educational and life decisions.”

### Personally Speaking

**Duty title:** Red Cross Volunteer, 509th Med. Gp. Pediatrician, Founder of Caring Adults-Special Kids a special needs family support group.

**Time on station:** 2 years

**Hometown:** Palos Verdes, Calif.

**Spouse:** Col. (Dr.) Rick Bachmann

**Children:** Sarah, 15; Andrew, 12; and Bryan, 8

**Hobbies:** Reading, crossword puzzles, scrapbooks and travel

**Goals:** To raise our kids to be responsible, caring adults and to see as much of the world as possible.

**Best thing about Whiteman:** The people!

**Pet Peeves:** Having our last name continually spelled wrong (there are two Ns in Bachmann).

**What motivates your winning spirit?**

Being able to help others, especially children, and see them get better, grow and learn.

**If you could change one thing about Whiteman, what would it be?** Better quality base housing ... and that is already in the works.

### Caring Adults-Special Kids

**CASK is a special needs family support group that meets monthly beginning in August. For more details, call Jennifer Greenslit at 660-233-2493 or Delia Everett at 660-287-3704.**

# This space is reserved for advertisements



# VANDALISM, from Page 1

greens and picking up debris.

“When someone needlessly tears into something for no reason it hurts,” Mr. Adamson said. “We’ve put a lot of hard hours on the green to get it into the condition that it needs to be.”

The incident was the first vandalism reported since spring 2003, when a golf cart was driven through flag marker sticks

but caused minor damage, Mr. Adamson said.

Anyone who has any information regarding this crime, can call 509th SFS Investigations at 687-5342 or the law enforcement desk at 687-3700.

“I am confident the criminals in this case will be caught and punished,” Colonel Douglass said.

This space is reserved for advertisements

## On strike



Photo by Airman 1st Class Ryan Wilson

**Abery Justice hurls a bowling ball toward the pins at Stars and Strikes Bowling Alley during lunch Monday. The newly renovated bowling alley is open for business 7:30 a.m.- 10 p.m. Monday-Thursday, 7:30 a.m.- Midnight Friday and Saturday, and closed Sunday. Abrey’s parents are Maj. Keith and Jennifer Justice, 509th Logistics Readiness Squadron.**

## JOHNSON, from Page 2

we still today have the courage to stand up, even when the odds may be against us as a Nation and strive to do what is right for all.

◆ ... *what so proudly we hailed at the twilight’s last gleaming?* Place yourself in Francis Scott Key’s position, you are on board the enemy’s vessel. You’re watching them blast away at your countrymen, who seem outnumbered and outgunned. In the dim failing light of the closing day, you can just make out the fleeting flutter of the worn and tattered Stars and Stripes. You have to ask yourself, will the Americans hold? Do those battered brave men, inside the beleaguered battlements have the ability to withstand the onslaught of Pax Britannica? Many today ask the same question. Does America, today, have the intestinal fortitude to withstand the pressure, stay the course, to press on to ultimate victory against an illusive, un-conventional enemy? I believe we do!

◆ ... *whose broad stripes and bright stars enter the Flag.* Measuring 30 foot by 42 foot, she would indeed have been a sight to behold. Yet, does it really matter what size Old Glory happens to be. We respect her no matter where she flies.

◆ ... *through the perilous fight* ... We are indeed in a perilous fight today. Do I ever doubt our cause, or our purpose? No, for as Key wrote in the last verse of the Anthem, “Then conquer we must, when our cause it is just, And this be our motto: “In God is our trust.”

◆ ... *O’er the ramparts we watched.* Take just a moment to reflect when you’ve stopped to watch the Flag. Think of the times, as the red, white and blue banner snaps in the breeze, or floats aloft as if breaking the surly bonds. It must have been simply incredible for them to take that spy-glass, lift it to their eyes and look, hoping beyond hope that they would see her flying aloft.

◆ ... *were so gallantly streaming?* There she was! She still waves today!

Yes, a few more stars, a few more miles traveled, but still the U.S. Flag evokes we Americans to remember all those who’ve gone before, paying the ultimate price for our freedoms. We too, continue to go forward, honoring the debt we owe to keep our liberty intact.

◆ ... *and the rockets red glare, the bombs bursting in air* ... The darkness fell, the

bombardment of Ft. McHenry continued. Much like the Fourth of July fireworks, sporadically the night sky would light up with the explosion and illumination shattering the pitch dark sky. In the brief instant of gun-powder induced daylight, there one would see the emblem of our National Heritage. Enemies of the United States would still attempt to breach the wall, tear her down, and trample the freedoms we defend into dust. Let us never forget the price paid then and now to prevent that very thing from happening.

◆ ... *gave proof through the night* ... Simply seeing our flag is proof enough that we are still in the fight, and will be to the very end.

◆ ... *that our flag was still there.* If our flag is still there, then one can bet, we Americans are still there.

◆ ... *O say, does that star-spangled banner yet wave* ... Such an effective literary tool, to begin with a question and end with a question. By doing so, one causes the hearer to reflect upon the truth of the matter, is what has been presented really so? Is what’s at hand of valid importance? This too is a timeless question, Francis Scott Key has reached across the ages to ask us the very same question he posed that night? Are we being true to the spirit of our forefathers? Are we, as well, willing to defend our country, the Constitution, against all enemies, foreign or domestic?

◆ ... *o’er the land of the free* .. Let us never forget what being a free people, a Nation founded on liberty and freedom means to us. Let us not get lost, or caught up in the minutia of daily living to forget what is so dearly important, that is, in the words of Gen. Douglas MacArthur, “Duty, honor, country.”

◆ ... *and the home of the brave?* We readily see this each and every day. It doesn’t matter if one of our own is deployed to the area of responsibility, serving in a remote assignment, or staying here, in the continental United States, to prepare and maintain the fighting force. We are all a part of the home of the brave.

So, next time you either hear, or sing the National Anthem, spend a few moments to reflect on those memorable words jotted down by a Washington lawyer 191 years ago.





Army Capt. Scott Smith, 1-135th Aviation Battalion, peers through the Target Acquisition Designation Sight and the Pilot Night Vision Sensor. The turret-mounted TADS provides direct view optics, television and three fields of view:

- ◆ Forward Looking Infra-Red to carry out search, detection and recognition
- ◆ Litton laser range finder
- ◆ Target designator

PNVS consists of a FLIR in a rotating turret located on the nose above the TADS. The image from the PNVS is displayed in the monocular eyepiece of the Honeywell Integrated Helmet And Display Sighting System worn by the pilot and copilot/gunner.



### FIRE POWER

- ◆ A 30 millimeter M230 chain gun is located under the fuselage. It can deliver a rate of fire of 625 rounds per minute.
- ◆ The AH-64A Apache has capacity for up to 1,200 rounds of ammunition.
- ◆ Hellfire missiles are an air-to-ground weapon capable of eliminating heavily armored targets.
- ◆ The AH-64A can carry up to 16 Hellfire missiles.
- ◆ Up to 76 2.75" Folding-Fin Aerial Rockets can be carried by the AH-64.
- ◆ FFARs are used against enemy personnel, and light armored vehicles and targets.

# 1-135TH AVIATION BATTALION

## APACHES: ARMED TO THE

# TEETH

### AH-64A stats:

First Flight:	Sept. 30, 1975
Crew:	Two
Mission:	Attack helicopter
Engines:	Two 1,536 horse power General Electric T700-700 Turbine engines
Top Speed:	225 miles per hour
Range:	380 miles — Max: 1,120 miles
Weight:	Empty: 5.1 tons — Max: 8.9 tons
Rotor Span:	48 feet



An Ah-64A fires a Folding-Fin Aerial Rocket during annual training.

Story by Army 2nd Lt. Nathan Smith  
Photos by Army Chief Warrant Officer  
3rd Class Howard Houska

1-135th Aviation Battalion

Hellfire and thunderstorms were factors during the recent 1-135th Aviation Battalion's annual training.

Annual training started with Army Lt. Col. Thomas Burson receiving the battalion colors during a change of command ceremony from former battalion commander Army Lt. Col. William Thomas.

The battalion under its new commander, traveled to Ft. Riley, Kan., to conduct an aerial gunnery exercise. The gunnery allowed the pilot and gunner crews to qualify in both day and night fire. "The successful night fire was a first for this battalion," said Army Maj. Charles Hausman. Along with the gunnery, the battalion was also able to conduct its full mission. Most soldiers were performing their assigned

jobs throughout the annual training.

The weather was the only problem encountered during the annual training — severe thunderstorms required operations were halted on numerous occasions.

During the last day of aerial gunnery the aircrews were authorized to fire off live Hellfire missiles. "This day was very motivating for the pilots. Being able to fire a Hellfire makes the pilots want to fly more," said Army 1st Lt. Derrick Jennings.

After the gunnery was completed the battalion then convoyed back to Whiteman.

The annual training concluded with soldiers receiving recognition for their accomplishments during the training at an awards ceremony.

"Everyone performed leadership duties in a decisive and positive manner with exceptional results and were rewarded accordingly," said Army Staff Sgt. Brandon Heimericks.



Soldiers load a Hellfire air-to-ground missile onto an Apache AH-64A.

### About the AH-64A

The versatile twin-turbine engine, 225-mph Apache is one of the only combat helicopters in the world capable of routine operations in daytime or darkness and in most inclement weather. The Apache uses laser, infrared and other high technology systems — like the Target Acquisition Designation Sight and Pilot Night Vision Sensor — to find, track and attack armored and other targets.

Armed with 16 laser-guided precision Hellfire missiles, 76 70 millimeter rockets, or a combination of both, and a 30 millimeter cannon with up to 1,200 rounds of high explosive ammunition, the AH-64A was developed for the U.S. Army as an antitank weapon to fight numerically superior forces.

U.S. Army AH-64A Apaches have been employed in combat and peace keeping operations around the globe since 1989.

In all these operational employments, Apaches demonstrated the ability to perform when called upon, logging thousands of combat hours at readiness rates in excess of 85 percent. The

AH-64A's advanced sensor systems proved effective in removing the cover of darkness from opposing forces.

The Army also has combat-ready AH-64A units in the United States, Germany and in Korea, where they play a major role in achieving the U.S. Army's security missions.

Nine U.S. Army National Guard and two U.S. Army Reserve components are now flying the AH-64. The ARNG attack battalion in Arizona flies the more advanced AH-64D Apache Longbow; most other units in the Reserve Components fly the AH-64A Apache.

States with ARNG units flying Apaches include Arizona, Idaho, Mississippi, Missouri, North Carolina, Pennsylvania, South Carolina, Tennessee, Texas, and Utah. The USAR units flying Apaches are located in Kentucky and Texas.

Texas is the only state with both ARNG and USAR Apache battalions.

ARNG units have been fully engaged in operations around the world including Operation Enduring Freedom, Bosnia and Kosovo.



# Team Whiteman club hits the streets

By Staff Sgt. Norman Smith

509th Communications Squadron

Vice President Green Knights Motorcycle Club

Several Team Whiteman members have recently formed a new motorcycle club. The active-duty members have combined forces with civilians, reservist, and retirees in an attempt to create an atmosphere where everyone can have some fun as well as be influential.

**Who we are.** The motorcycle club is called the Green Knights.

**Where did the name Green Knights come from?** In the civilian world there is a motorcycle group formed especially for police departments all over the United States called the Blue Knights, the fire departments have the Red Knights and emergency medical services folks have the White Knights.

In keeping with this tradition, the founders of the Green Knights decided to align themselves with other civil servant groups and green, being a common military color, was adopted.

**How can this club be influential?** Our goals as a club are to represent the motorcycle community as a whole in, a positive way, to base leadership and the local community. The Green Knights will also attempt to influence base safety. "We make no promises for change, however we would like to be a voice that can be heard as well as respected," said Senior Airman Chris Butler, 509th Maintenance Squadron, a Green Knight.

Another goal is to advertise motorcycle rides and shows happening throughout the local community so riders on base are aware and can participate in these events.

During the last wing safety day, about 60



Photo by Senior Airman Joe Lacdan

**Members of the Green Knights suit up with their personal protective equipment before a ride Monday.**

bikes met at the community activities center for an hour briefing on motorcycle safety.

The riders also received a send off from Col. Chris Miller, 509th Bomb Wing commander, and then to spent the day out on several different planned rides promoting motorcycle safety.

Green Knights members also invited people that ride all terrain vehicles and dirt bikes to a dirt track to enjoy the safety day.

"We aren't here to be the motorcycle safety police. However, first and foremost, we want to have fun in the safest manner

possible. We desire to represent the motorcycle riding community in a positive manner to the base and surrounding community and last but not least, we would like get involved with civilian happenings where we can represent the base," Tech. Sgt. Jeff Richards, 509th Aircraft Maintenance Squadron said.

The Green Knights meet on the third Thursday of every month at the Do Drop In, in Knob Noster on Highway 50 at 11a.m. For more details, call Airman Butler at 687-3189, or Staff Sgt. Norman Smith at 687-5545.



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level and  
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## BELTS, from Page 3

imagine the force you would strike the front seat with?"

An unrestrained back seat passenger involved in a car crash at 30 miles per hour will fly into the front seats with a force that's 30 to 60 times the person's body weight, according to the Lancashire Partnership for Road Safety, a multi-agency partnership in the United Kingdom aimed at reducing the number of traffic casualties.

In fact, a study at the University at Buffalo, N.Y., refers to back-seat passengers as "back-seat bullets," that can slam into the driver, increasing not only the passenger's, but also the driver's risk of death lives, and I certainly am an advocate," Chief Ennis said.

## Base residents urged to complete housing survey

**WASHINGTON (AFPN)** — An Air Force-wide base resident survey has been launched to determine the level of satisfaction of family housing residents at installations worldwide.

The survey provides base-housing residents and housing managers an opportunity to respond to survey questions regarding housing facilities and services delivered. At installations with privatized housing, property managers will also participate in the survey.

"We encourage all residents to complete their survey as soon as possible," said Maj. Gen. L. Dean Fox, the Air Force Civil Engineer. "The more participants we have, the more accurate our results will be and the greater emphasis we can place on making the recommended changes."

Stateside residents should have received their surveys in June, while overseas residents should receive surveys by late summer or early fall, officials said.

The survey is customized for Air Force residents and will take about five minutes to complete.

"Efforts to assess resident satisfaction have historically been undertaken at the installation level," said Col. Bob Griffin, Air Force Housing Division chief. "Using standardized surveys will allow us to make valid comparisons of the data collected. I encourage every Air Force family residing in government-owned or privatized housing to participate."

Each resident will be provided a pre-addressed, postage-paid envelope to return the survey.

Survey results are confidential and anonymous. The survey asks residents to respond to questions related to the physical property, services and management's performance. With the cooperation and candid responses by residents, the Air Force can collect important information that will be used to identify areas where improvements are required.

## High Score



Photo by Senior Airman Joe Lacdan

**Maj. Flordeliza Goleta, 509th Medical Operations Squadron, scored a 100 on her fit test for the second straight year. In the over 50 age group, Major Goleta ran the 1.5 mile in 13 minutes 27 seconds, and did 40 pushups and 44 situps. She said there's no secret to her fitness routine. "Every day I do something and I try to vary it," Major Goleta said. Major Goleta said she runs 3-5 miles three to four times a week and also participates in the Extreme Fitness class at the fitness center.**

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## What's Happening?

### Education

For more details, visit the education center Web site at <https://wwwmil.whiteman.af.mil/509mss/educ/homepage.htm>

#### Commissioning briefing set

A commissioning briefing begins at 1:30 p.m. in Room 20 of Bldg. 145. This briefing is open to enlisted members seeking a commission in the Air Force. For more details, call the education center at 687-5750.

#### CMSU hosts meetings

Students who noted they were interested in the Aviation degree and certification programs during their tour at Whiteman have a new opportunity. Representatives from Central Missouri State University host meetings at 10 a.m. and 2 p.m. July 27 at the education center. The meetings will present information regarding CMSU's aviation programs and there will also be an open forum discussion.

For more details or to make a reservation, call Larry Broudrick at 687-2420.

#### CCAF degree available

The Community College of the Air Force degree is an associate of applied science degree just like one earned at any other college. The Air Force is the only branch of service that enrolls enlisted members into an associate of applied science degree in their Air Force specialty code. Technical training, AFSC skill levels, CLEP tests and college courses can be combined to complete the 64 semester hours required for the degree. Enlisted members can find out how many credits they have toward their degree, and which tests and/or classes they need to complete it, by visiting a base training and education services office counselor. For more details, call 687-5750 7:30 a.m.-4:30 p.m. weekdays.

### Community

#### Blood drive set

A blood drive takes place 10 a.m.-5 p.m. Thursday and Friday at the chapel annex. Pizza and other refreshments will be served. The event is sponsored by the Whiteman Officer's Spouse's Club. For more details, log onto <http://www.BloodIsLife.org> or e-mail Jennifer Belardo at [mikeandjenbelardo@yahoo.com](mailto:mikeandjenbelardo@yahoo.com).

#### B-2 tours available

Do your family and friends want to see the B-2 up close? They can view the B-2 from 10:45 a.m.-noon Aug. 12, Sept. 9 and Oct. 14 in front of base operations. To sign up or for more details, call public affairs at 687-6128.

#### Volunteer dental assistant

The base dental clinic is currently accepting volunteers for the next dental assisting volunteer program class. This is an opportunity to get free training in the dental field. To volunteer or for more details, call Master Sgt. Clayton Thornburg at 687-6898.

#### Airman's Attic all ranks month

Due to an overwhelming amount of donations and generosity from the community, the Airman's Attic is running out of space. The Airman's Attic is having all ranks days now through July 29.

The Airman's Attic hours are 10 a.m.-2 p.m. Mondays, Wednesdays and Fridays.

#### Singles event scheduled

Singles can meet at 6 p.m. Sundays at the base chapel's Singles in the Sun event. The meeting place is the gazebo behind the dorms. Attendants will discuss what they look for in a mate, personality traits, spirituality, etc. A free cookout will be provided and attendants can also play volleyball. For more details, call the chapel at 687-3652.

### Family Support

Call 687-7132 for more details on these events or other family support center activities. Events take place at the FSC.

#### Pre-retirement briefing set

A pre-retirement briefing for people retiring from the military begins at 8 a.m. Monday. For more information, call the FSC at 687-1500 or 6720.

#### Class helps new parents

Expectant parents can gain information and resources at the Bundles for Babies class at 8 a.m. Tuesday. Participants will receive free Time Life books and layette bundles. Reservations are required. Call for more details.

## SUICIDE, from Page 2

suicides increased to an average of 38 per year. Of those, 49 took place in 2004.

Unfortunately, the trend is increasing because some people still see suicide as the only way to fix their problems.

Even one is too many. The burden carried by the people who are left behind is tremendous. No one can be replaced. It's impossible.

So how can we help reduce the number of suicides? We must know the symptoms and help people find a cure.

Many stressors can trigger a suicide. The most common are relationship, financial and legal concerns.

Thanks to the Air Force Suicide Prevention Program, we now know what the stressors are and that help is available for nearly every problem. On base, help can come from chaplains, the life skills center, family

support center, Air Force Aid Society, and more. Off base, there are even more agencies that offer assistance.

When Rick died, we didn't know what to look for. We didn't have the training or the knowledge to help him overcome his problems.

Would Rick still be here today if we had known how to help? I don't know. But I do know everyone in my family would feel better knowing we tried to save his life. Instead, my dad lived with the guilt of finding my brother hanging from a beam in the garage.

I urge all of you to be aware of what's going on with those you know and point them in the right direction before life's stressors overwhelm them.

When a person is at risk of committing suicide, it's better to try to help than to live

## Will it float?

More than 40 people participated in the 2005 Build-a-Boat contest Saturday at the base pool. Each team had 45 minutes to build a boat out of cardboard and duct tape. After the boats were completed the teams had a captain and first mate race against the clock while paddling from one side of the pool to the other. Far right: Boat captain Kenneth Butler and first mate Amber Gazaway of Team Hamburglers, sunk the competition with a time of 26 seconds reeling in the victory. They are both members of the 509th Communications Squadron. There was also a prize for most team spirit which went to the Seaweeds. And a prize for the best sinking went to the Mermaid's of Bikini Bottom, which sank as soon as they left the dock. Insert: Eric Kuerst builds his Army Destroyer with his sons Timothy and Jeffery. He is a member of Army Recruiting Command.



Photos by Airman 1st Class Jason Burton

## The Whiteman Spirit wants to know about the game.

Do you read the sports page?

Do you own a digital camera?

Do you or does someone you know play a sport you'd like to see in the paper?

You can submit photos and information to the Whiteman Spirit.

For more information, call 687-6133 or e-mail [white-man.spirit@whiteman.af.mil](mailto:white-man.spirit@whiteman.af.mil).



Col. Connie Davis, 509th Mission Support Group commander, presents a plaque to Sharon Gangemella during a ceremony at the youth center Tuesday.

## Three cheers for coach of the year

Story and photos by  
Airman 1st Class Jason Burton  
Public Affairs

Sharon Gangemella received the 2004-05 Jr. National Basket Ball/Jr. Womens National Basket Ball Coach of the Year Award Tuesday.

The Jr. NBA/Jr. WNBA Coach of the Year Award recognizes coaches who stand out, both on and off the court. It also represents the hard work and dedication that makes youth sports a rewarding developmental experience for players, parents, officials and other coaches.

Mrs. Gangemella was chosen out of nearly 60,000 Jr. NBA/Jr. WNBA coaches in the United States, Canada and abroad.

"Because of my kids, I felt like being involved came naturally," she said.

And getting involved is what she does.

In 2005 she has volunteered more than 150 hours with the sports program

at the youth center.

She also volunteers for other base organizations like Whiteman Elementary.

Mrs. Gangemella is a certified coach for baseball, soccer and basketball, and has coached eight straight seasons for the youth sports program.

"I feel like I am part of the team to help others," said Mrs. Gangemella.

The St. Louis, Mo., native says she owes it all to her family.

She said because of her husband, Master Sgt. Gregg Gangemella, 509th Maintenance Operations Squadron, she is able to volunteer so much.

"Because of him working I am able to be a child care provider during the day, and coach at the youth center in the evenings," she said. "I am lucky because I feel like there are people who want to volunteer and are not able to."

"I have been blessed in many ways and I wanted to help others in ways I could."



Sharron Gangemella with her husband, Master Sgt. Gregg Gangemella, 509th Maintenance Operations Squadron, Kelly Beck, youth center sports director, and children, Matthew and Rebecca.







Services Page editor.....Poppy Artherton  
509th Services Squadron.....687-7929  
\*No federal endorsement of mentioned sponsors intended.

## Sports & Recreation

### Outdoor Recreation 687-5565

#### Picnic in the park

Sign up by Monday for the outdoor recreation picnic in the park. Bring lunch and some goodies to share and outdoor recreation will bring the fun. Picnic takes place 11 a.m.-1 p.m. Wednesday at the base lake.

#### Pontoon boat safety course

The next pontoon boat class is 8 a.m.-noon, Thursday at Long Shoals. The cost is \$5. Call outdoor recreation for more details.

#### Swimming olympics

Squadrons and individuals are invited to take part in the outdoor recreation swimming olympics. There will be races in all the basic strokes as well as a distance race over one mile. The competition starts 9 a.m. July 30 at the base pool. Refreshments will be provided.

### Fitness Center 687-5496

#### Special Olympics

Whiteman is hosting the district softball tournament for the Special Olympics. The first games are at 7 p.m. today and the official opening ceremony is 9 a.m. Saturday. Come along and support the teams.

#### Sand volleyball tournament

Get a four-person team together for the base volleyball tournament. The competition takes place 11 a.m.-1 p.m. July 25-27. Sign up by July 22 at the fitness center front counter.

#### Beat the heat 20K relay

Get together a team of four for a 20K relay race around the Royal Oaks golf course. Registration is at 7 a.m. at the club house, the race starts at 7:30 a.m. August 8. Sign up by August 5.

### Tickets and Travel 687-5643

#### Disney salutes U.S. forces

Beginning Aug. 1-Oct. 4, active duty and retired military personnel can save 30 percent on stays of one to three nights and 40 percent on stays more than four nights at Walt Disney World resorts in Orlando, Fla.

## Movie Schedule

#### Friday

**Cinderella Man** 7 p.m. PG-13  
Starring-Russell Crowe and Renee Zellweger

#### Saturday

**Madagascar** 7 p.m. PG  
Starring-Ben Stiller, Chris Rock, Andy Richter

#### Sunday

**The Sisterhood of the Traveling Pants** 5:30 p.m. PG  
Starring- Amber Tamblyn and America Ferrara

Adults: \$3.50 Children: \$1.75  
Movie Recording Line: 687-5110

Movies subject to change due to availability. For current and future movie listings log on to

<http://www.aafes.com/ems/conus/whiteman.htm>.

### Mission's End 687-4422

#### ACC \$1 dinner and country night

Club members can eat dinner for \$1, 5-7 p.m. July 30. The menu includes Barbecue brisket and chicken, baked beans, potato salad, corn bread and peach cobbler. After dinner there is a country DJ and dancing from 8 p.m.-midnight.

#### Monthly club coin special

Club coin holders can receive a free salad when they purchase one of equal or greater value and show the coin.

## Food & Fun

#### Comedy night

There will be a comedy night from 8 p.m.-midnight July 22 at Missions End. The cost is \$5 for members and \$10 for nonmembers.

### Stars and Strikes 687-5114

#### Grand re-opening

The Stars and Strikes bowling center is now open after extensive renovations. Call in for a frame or two and check out the new decorations.

## Community Activities

### Skills Development Center 687-5691

#### Intermediate jewelry class

Jewelry makers ready to move to the next level can join the intermediate class at 9-11 a.m. Tuesday and Wednesday. Participants will use precious metal wire and stone beads to learn the basic links to make earrings, bracelets and necklaces. The \$25 cost doesn't include supplies. Sign up by Monday. This class is a prerequisite for the advanced class on July 26 and 27.

#### Mosaic frame class

Learn to create a simple mosaic pattern and produce a decorated frame. The class takes place 9 a.m.-noon Wednesday at skills development. The \$15 cost includes supplies. Sign up by Tuesday.

#### Craft fair

Sign up for a stall at the Whiteman craft fair, 9 a.m.-3 p.m. August 27 at Mission's End. There is a vendor fee of \$10, sign up at skills development center by noon August 26, only handmade crafts will be accepted.

### Teen Center 687-5819

#### Six Flags St Louis

Ride some of the tallest and fastest rollercoasters in the world at Six Flags in St. Louis, Mo. The trip leaves at 6 a.m. Tuesday from the teen center, returning to base at 10 p.m. The cost is \$40, teens must bring extra money for food. Sign up and pay by Saturday.

#### Teen pool party

The teen pool party will be held 5-10 p.m. July 23 at the base pool. There will be swimming, music and food. The cost is \$7.

#### Float and camping trip

Explore the Current River, Mo., with the teen center's four-day camping and float trip. Camp alongside the river and cover 16 miles of beautiful Missouri waterway. The trip starts at 7 a.m. July 26, returning by 8 p.m. July 29. The cost is \$65 per person, slots are limited to the first 12 to sign up.

### Youth Center 687-5586

#### Dentokan Karate

Ages six to adult can take part in Dentokan karate classes 5-8 p.m. Tuesdays and Thursdays at the youth center. Sign ups are ongoing. The cost is \$25 for members and \$32 for non-members.

#### Summer fun

From pool parties and fancy pants picnics to skate days and open recreation, the youth center has activities to keep everyone entertained this summer, call youth center staff for more details.

#### Soccer camp

Soccer players can improve their teamwork, skills and sportsmanship at a youth center soccer camp. The camp for ages five-eight runs 8:30-11:30 a.m. and for ages nine-14 12:30-3:30 p.m. Aug. 1-4. Sign up now, priority will go to youths who have previously played with the youth center. The cost is \$50

per child and \$35 for each additional child from the same family.

### Community Center 687-5617

#### Chalk the walk

Children ages five-10 can help decorate the sidewalk with colorful chalk pictures at 2 p.m. Saturday at the community center. There will be prizes for first, second and third place artists.

#### Bark in the park

Owners and their dogs should dress in their matching best for this event. Starting at 2 p.m. July 23 at Skelton park, there will be lots of contests including best matching outfits, pet and owner look-a-likes and best trick. The vet clinic staff will be available to provide advice on summer pet health and there will be a military working dog demonstration.

#### Photography class

Bring a 35 millimeter camera with two rolls of film or a digital camera along to this class at the community center and learn how to work with lighting, angles and presentation in order to achieve better photographs. The class includes a tour of the base's photogenic spots for participants to put theory into practice. The class takes place 2-4 p.m. July 30.

### Family Child Care 687-1180

#### Base residents

Quality child care for military families is an important concern. Guidelines in Air Force Instruction 34-276, Family Child Care Programs, requires anyone providing in-home child care for 10 hours or more a week on a regular basis to be licensed. If you are currently unlicensed, you must cease care and apply for a family child care license. Call for more details.

### Library 687-6217

#### Adobe Photoshop class

Learn how to create photo effects, edit and manipulate them at this free class. The class takes place 9:30-10:30 a.m. July 22 at the library.

#### Summer reading finale party

Anyone who has taken part in the summer reading program can attend the finale party starting at 6:30 p.m. July 29 at the library. Prizes will be awarded to the top readers in each age group and all readers will receive vouchers for Pizza Hut and Hastings.

### Veterinary Clinic 687-2667

#### Using the correct pet shampoo?

Pet owners who use Frontline Plus or other topical flea/tick preventative on their animals must use a detergent free shampoo when bathing their pets. Shampoo that contains detergents will strip pets of the healthy natural oils and will cause the flea/tick preventative to be less effective. Regular store-bought pet shampoos contain detergent, detergent free shampoo can be purchased at the vet clinic.